

# Sacred Heart Dress Code

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# Student Personal Appearance Code

Sacred Heart Catholic School believes in the enforcement of a student appearance code for several reasons:

- A uniform appearance gives students a feeling of equality, provides a visible sense of school unity and identity, and contributes to the professional atmosphere that should exist in a school;
- School is not a recreational or social activity. The appearance and clothing of our students should reflect the seriousness of the educational process;
- What students wear and how they look speaks of the pride they take in themselves and Sacred Heart;
- Respect for oneself and others is shown through personal appearance and neatness;
- Abiding by the appearance code creates self-discipline.

With this in mind, Sacred Heart has a uniform dress code which lists specifically what may be worn to school.

## General Points Applicable to All Students

- Students are to be neatly dressed and well groomed during the school day. By definition, the school day begins when a student enters the building in the morning, so students are expected to be in compliance with the appearance code and are subject to being fined for violations before school. These standards also apply to all students representing Sacred Heart School in a sporting/school event.
- Decisions on the acceptability of student appearance will be made by the administration.
- Extremes in personal appearance are not permitted.
- All clothing is to be modest, of proper fit, neat, clean, and worn as designed at all times.
- Pants/shorts with patch pockets, rivets, frayed cuffs, holes, or split seams are not acceptable.
- Shoes and socks must be worn at all times. Footwear that are sturdy closed toe/closed heeled shoes are required. Tennis shoes are the preferred footwear of choice due to students involved in daily physical activities (i.e. recess, PE). Sandals and crocs of any fashion are not permitted (including warm weather season).
- Hair must be neat, clean, and combed. The appropriateness of hairstyle and coloring will be determined by the administration. Hair must be a natural hair color. Sacred Heart does not permit extremes in hair coloring. If the hair color is changed, it must be natural looking and well-maintained. If a student's hair color is deemed inappropriate, he/she is subject to an appearance code fine each day until the hair can be dyed back to an acceptable, natural color.

### Girls' Directives

- Hair must be neat, clean, and combed. Headbands/hair clips must be simple in nature and not have additional attachments such as ears, puffballs, etc.

### Boys' Directives

- Hair must be neat, clean, trimmed and combed. Ponytails or any type of headband are not allowed. Boys' hair must not exceed in length past the base of their neck. Hair is not to cover their eyes or ears.
- Unless special permission is granted by the administration to the contrary, students must be clean shaven, no beards or mustaches are allowed.
- Sideburns may not extend below the earlobe.
- Earrings are prohibited, as are the studs which are worn when ears are newly-pierced. Covering studs with tape or a band aid is not permitted.
- Jewelry must be simple and appropriate for school.
- Visible tattoos and body piercings are not permitted.
- Accessories (scarves, bandannas, etc.) are not permitted.
- Ink marks on the body are unprofessional, immature, and must be removed.
- Backpacks, purses, and bags must be left in the locker during the school day.
- Smartwatches and ear buds are not permitted at school.
- If an item of clothing is not mentioned herein as being allowed, it should NOT be worn.

# Elementary & JH Uniform Policy (Grades K-8)

**Dennis Uniform, French Toast Uniform, Lands End, & JCPenney are the preferred uniform provider for elementary and JH students.** Most items are available through other suppliers; however they should be similar in style and color.

This is a dedicated web page specific to Sacred Heart with approved options for the school uniform. [French Toast Uniform Site](#) School Code: QS45R86

This is a dedicated web page specific to Sacred Heart with approved options for the school uniform. You simply enter the requested information, including the grade and gender of your child and you will see options that have been approved for school wear.

School Number: 900175050 [Lands End Uniform Site](#)

## **Shirts**

- Red or white collared polo uniform shirts are available in long and short sleeves (any red or white top featured in the uniform catalog of any of the companies is acceptable). Polos must be plain in color with a logo no larger than 4 X 4 on the left chest. Shades of red such as dark red, maroon or burgundy are not part of the uniform.
- Undershirts/undergarments must be white and no printing on the t-shirts. These items should not be visible through the uniform shirt.
- Shirts must be tucked in at all times.

## **Pants**

- Navy or khaki uniform pants (any navy or khaki pants featured in the uniform catalog of any of the companies is acceptable). Shades of gold, brown, or gray are not part of the uniform.
- All uniform pants worn must be a navy or khaki color and must have a dress pants look. The material must appear pressed. Pants that are manufactured to have a wrinkled look are not permissible. Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed, denim, jeggings, etc. pants are not permitted.

## **Shorts (Warm Weather Season Only)**

- Navy or Khaki uniform shorts (any navy or khaki shorts featured in the uniform catalog of any of the companies is acceptable). Shades of gold, brown, or gray are not part of the uniform.
- All uniform shorts worn must be a navy or khaki color and must have a dress pants look. The material must appear pressed. Pants that are manufactured to have a wrinkled look are not permissible. Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed, denim, jeggings, etc. are not permitted.
- Belts are required.
- The warm weather season is defined as the beginning of school until November 1st and beginning again on March 1st. Uniform shorts in colors khaki or navy may be worn during this time period.
- All shorts must be conservative in length. Shorts (boys and girls) or skirts (girls only) may be no shorter than 5" from the top of the knee.

## **Skirts/Jumpers/Polo Dress (Optional for Girls Only)**

- Skirts/skorts in navy or khaki may be worn by girls. Must be of the appropriate length and worn with a collared uniform top and worn with privacy shorts, leggings, or tights. The skirt must come within 5" of the top of the knee and may not be rolled at the waist or altered in length to be shorter.
- Jumpers (Grades K-5 only) in navy or khaki may be worn by girls. Must be of the appropriate length and worn with an uniform top and worn with privacy shorts, leggings, or tights. The jumper must come within 5" of the top of the knee and may not be rolled at the waist or altered in length to be shorter.
- Polo Dress (Grades K-5 only) in red only may be worn by girls. Must be of the appropriate length and worn with an uniform top and worn with privacy shorts, leggings, or tights. The polo dress must come within 5" of the top of the knee or altered in length to be shorter.
- Skirt length will be checked in the office by a female staff member.

## **Belts**

- Belts are required with pants and shorts for students in grades 6-8. Brown, black, or navy belts only. Large/decorative belt buckles are not permitted. Belts are optional for students in K-5.

**Shoes**

- Shoes and socks must be worn at all times.
- Footwear that are sturdy closed toe/closed heeled shoes are required. Tennis shoes are the preferred footwear of choice due to students involved in daily physical activities (i.e. recess, PE).
- Sandals and crocs of any fashion are not permitted.

**Socks/Tights**

- Solid colored matching socks in red, white, gray, black or navy.
- Solid colored tights (optional for girls only) in red, white, gray, black or navy.
- Logos on socks must be quarter size or smaller.

**Pullovers/Cardigans (Optional)**

- Students may wear red, white, and navy solid cardigans, sweaters, pullovers, sweatshirts, and 1/4 zips pullovers. Non Sacred Heart Logos must not exceed a 4x4. Any logo must be school appropriate. A collared uniform shirt must be worn underneath and visible. Shades of red such as dark red, maroon or burgundy are not part of the uniform. No hoods permitted.

**Gremlin Gear (Optional)**

- Students may wear red, white, and navy sweatshirts and ¼ zip pullovers purchased through the Gremlin Student Store with the Sacred Heart logo may be worn over a student's uniform. A collared uniform shirt must be worn underneath and visible.
- Gremlin Gear does not include articles of clothing handed out as part of an athletic uniform purchased by the Booster Club such as football jersey, volleyball warm-up, etc.
- Navy collared uniform shirts may only be worn by high school (grades 9-12) students during school hours.

**Embroidery (Optional)**

- Sacred Heart embroidery is allowed on the left chest. There are four embroidery options 1. The Gremlin, 2. The Heart and Cross, 5. The Sacred Heart Crest, 4. The Sacred Heart Logo. Items that can be embroidered are polos, oxfords, cardigans, and pullovers.

**Outerwear/Jackets/Coats**

- Outerwear (jackets and coats) are not allowed to be worn in classrooms unless specific permission is given by the classroom teacher. These items must be kept in their locker

## Grades K-8 Uniform Expectations




The purpose of a school uniform:




\*to create a sense of pride and order in the school and church


\*to create a sense of modesty

\*to create a sense of professionalism

Overall, the uniform should be worn, as a reflection of our respect for inner dignity of ourselves and reverence for God.

<u>Item</u>	<u>Color</u>	<u>Notes</u>
Shirts	White Red 	Shirts must have a collar and be either short or long sleeved. Plain in color with a logo no larger than 4 X 4 on the left chest. Shirts must be tucked in at all times.
Pants	Navy Khaki 	Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed pants are not permitted. Denim is not allowed.
Shorts	Navy Khaki 	Can be worn March 1-October 31. All shorts, skirts, jumpers, and dresses should be conservative in length and not exceed more than 5" above the knee.

<p>Skirts (Girls Only) Jumpers (K-5 Girls Only)</p>	<p>Navy Khaki</p> 	<p>Must be of the appropriate length and worn with an uniform top and worn with privacy shorts, leggings, or tights.</p>
<p>Polo Dress (K-5 Girls Only)</p>	<p>Red</p> 	<p>Must meet the appropriate length requirement and be worn with privacy shorts, leggings, or tights.</p>
<p>Belts (optional K-5) (required for grades 6-8)</p>	<p>Black Brown Navy</p> 	<p>Solid Color Large / Decorative not allowed.</p>
<p>Shoes</p>	<p>No color requirements</p>	<p>Closed toe and closed heel. Tennis shoes are the preferred choice for students due to daily recess and PE classes.</p>
<p>Socks/Tights</p>	<p>White, Red, Navy Black, or Gray</p>	<p>Logos must be quarter sized or smaller and of a school/neutral color (white, red, navy, black, gray) Socks or tights must be worn on a daily basis.</p>

<p>Pullovers/Cardigans (anything worn over the school uniform)</p> <p>*These specifications are only for items worn during Church and the School Day. Not to be interpreted for Coats or items worn while outside.</p>	<p>White Red Navy</p> 	<p>Collared uniform shirt must be worn underneath and visible. Non Sacred Heart Logos/emblems must be no larger than quarter-sized. Sacred Heart logos no larger than 4"x4". No hoods permitted.</p>
<p>Gremlin Gear (Optional)</p>	<p>Red White Navy</p>	<p>Collared uniform shirt must be worn underneath and visible. Non Sacred Heart Logos/emblems must be no larger than quarter-sized. Sacred Heart logos no larger than 4"x4". No hoods permitted.</p>
<p>Hair</p>	<p>Neat and combed, natural color, no extreme dying</p>	<p>Girls Only - Headbands must be simple in nature and not have additional attachments such as ears, puffballs, etc.</p>
<p>Jewelry</p>	<p>No color requirements</p>	<p>Girls Only - Earrings are permitted. Watches, Necklaces and bracelets must be simple in nature and not meant to distract. Smart Watches are not permitted.</p>

***The school reserves the right to make the final decisions about the suitability of the clothes since all styles of clothing cannot be considered in this policy. Students who fail to follow the dress code will receive a uniform notice.***

# High School Uniform Policy (Grades 9-12)

**Lands End is the preferred uniform provider for HS Uniform.** Most items are available through other suppliers; however they must be identical in style and color.

This is a dedicated web page specific to Sacred Heart with approved options for the school uniform. You simply enter the requested information, including the grade and gender of your child and you will see options that have been approved for school wear.

School Number: 900175050 [Lands End Uniform Site](#)

## **Shirts**

- Girls should wear the navy and white Peter Pan style-collar polo in both long and short sleeves. Polos must be plain in color with a logo no larger than 4 X 4 on the left chest.
- Boys should wear the navy, white, or red Polo Shirts available in both long and short sleeves. Polos must be plain in color with a logo no larger than 4 X 4 on the left chest.
- Girls and Boys may wear the Oxford - Long sleeved button down oxford collar dress shirts in white. A tie may be worn any time with this shirt. A Sacred Heart embroidered logo is allowed on the left chest.
- A polo or oxford shirt must be worn under sweaters, pullovers, crewnecks, ¼ zip sweatshirts, blazers, and Gremlin Gear.
- Undershirts/undergarments must be white and no printing on the t-shirts. These items should not be visible through the uniform shirt.
- Shirts must be tucked in at all times.

## **Ties (Optional)**

- Girls have the option to wear two different styles of ties; the Navy cross tie and the Classic Navy Large plaid uniform tie. The tie is optional. It is only to be worn when wearing an oxford button-down shirt.
- Boys have the option to wear the Classic Navy large plaid uniform tie. The tie is optional. It is only to be worn when wearing an oxford button-down shirt.

## **Pants**

- Navy or Khaki pants. Must be identical in color and material to the Lands End navy or khaki pants.
- All uniform pants worn must be a navy or khaki color and must have a dress pants look. The material must appear pressed. Pants that are manufactured to have a wrinkled look are not permissible. Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed, denim, jeggings, etc. pants are not permitted.
- Belts are required.

## **Shorts (Warm Weather Season Only)**

- Navy or Khaki shorts. Must be identical in color and material to the Lands End navy or khaki pants.
- All uniform shorts worn must be a navy or khaki color and must have a dress pants look. The material must appear pressed. Pants that are manufactured to have a wrinkled look are not permissible. Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed, denim, jeggings, etc. are not permitted.
- Belts are required.
- The warm weather season is defined as the beginning of school until November 1st and beginning again on March 1st.
- All shorts must be conservative in length. Shorts (boys and girls) or skorts (girls only) may be no shorter than 5" from the top of the knee.

## **Skorts (Girls Only)**

- Girls may choose to wear a specific Classic Navy Large plaid skort available through Lands End. The skort must come within 5" of the top of the knee and may not be rolled at the waist or altered in length to be shorter.
- Skirt length will be checked in the office by a female staff member.

## **Belts**

- Belts are required with pants and shorts for students in grades 9-12.
- Brown, black, or navy belts only.
- Large/decorative belt buckles are not permitted.



### **Shoes**

- Shoes and socks must be worn at all times.
- Footwear that are sturdy closed toe/closed heeled shoes are required. Tennis shoes are the preferred footwear of choice due to students involved in daily physical activities (i.e. Science Labs, PE). Tennis shoes, boots, ankle-high shoes, such as a hiking boot, or ordinary dress shoes are acceptable.
- Sandals and crocs of any fashion are not permitted (including warm weather season).
- In the winter months of December, January and February a warm, functional shoe may be worn.

### **Socks/Hosiery**

- Students must wear matching socks at all times.
- Girls have the option to wear hosiery. It must be solid white, navy, or flesh-colored.

### **Blazers, Pullovers, and Cardigans (Optional)**

- Students may wear solid navy blue blazers (HS ONLY) to school.
- Students may wear red, white, and navy solid cardigans, sweaters, pullovers, crewnecks, and 1/4 zips sweatshirts. Non Sacred Heart Logos must not exceed a 4x4. Any logo must be school appropriate. A collared uniform shirt must be worn underneath and visible. Shades of red such as dark red, maroon or burgundy are not part of the uniform. No hoods permitted.

### **Gremlin Gear (Optional)**

- Red, white, and navy sweatshirts and ¼ zip pullovers purchased through the Gremlin Student Store with the Sacred Heart logo may be worn over a student's uniform. A collared uniform shirt must be worn underneath and visible.
- Gremlin Gear does not include articles of clothing handed out as part of an athletic uniform purchased by the Booster Club such as football jersey, volleyball warm-up, etc.

### **Embroidery (Optional)**

- Sacred Heart embroidery is allowed on the left chest. There are four embroidery options 1. The Gremlin , 2. The Heart and Cross, 5. The Sacred Heart Crest, and 4. The Sacred Heart Logo. These options can be found on our Lands End uniform site. Items that can be embroidered are polos, oxfords, cardigans, pullovers, and blazers. Lands End offers embroidery at an additional cost.

### **Outerwear/Jackets/Coats (Optional)**

- Outerwear (jackets and coats) are not allowed to be worn in classrooms unless specific permission is given by the classroom teacher. These items must be kept in lockers.

## Grades 9-12 Uniform Expectations




The purpose of a school uniform:




\*to create a sense of pride and order in the school and church

\*to create a sense of modesty

\*to create a sense of professionalism

Overall, the uniform should be worn, as a reflection of our respect for inner dignity of ourselves and reverence for God.

<u>Item</u>	<u>Color</u>	<u>Notes</u>
Shirts	<p>Navy White Red (boys only)</p> 	<p>Boys: Shirts must have a collar and be either short or long-sleeved.</p> <p>Girls: Shirts must have a Peter Pan style collar polo, short or long-sleeved.</p> <p>Plain in color with a logo no larger than 4 X 4 on the left chest.</p> <p>Shirts must be tucked in at all times.</p>
Pants	<p>Navy Khaki</p> 	<p>Patch pockets (sewn to the outside), rivets, and any frayed material on the pants are prohibited. Elastic cuffed pants are not permitted.</p> <p>Must be identical in color and material to the Lands End Denim is not allowed.</p> <p>Belts are required.</p>
Shorts	<p>Navy Khaki</p> 	<p>Can be worn March 1-October 31.</p> <p>Must be identical in color and material to the Lands End</p> <p>All shorts should be conservative in length and not exceed more than 5" above the knee.</p>

<p>Skorts (Girls Only)</p>	<p>Classic Navy Plaid</p> 	<p>Skorts may not be rolled at the waist or altered in any way to be shorter.</p> <p>All shorts should be conservative in length and not exceed more than 5" above the knee.</p>
<p>Belts</p>	<p>Brown</p> <p>Black</p> <p>Navy</p> 	<p>Required with pants and shorts.</p> <p>Large/Decorative Belts are not permitted.</p>
<p>Shoes</p>	<p>No color requirement</p>	<p>Sturdy closed-toe/closed heel shoes are required.</p> <p>Tennis shoes are preferred.</p> <p>Socks and Crocs of any fashion are not permitted.</p>
<p>Socks/Hosiery</p>	<p>White</p> <p>Navy</p> <p>Flesh-color</p>	<p>Matching socks at all times.</p> <p>Girls: Option to wear hosiery.</p>
<p>Pullovers/Cardigans (worn over the school uniform)</p> <p>*These specifications are only for items worn during Church and the School Day. Not to be interpreted for Coats or items worn while outside.</p>	<p>Red</p> <p>White</p> <p>Navy</p> 	<p>Solid cardigans, sweaters, pullovers, crewnecks, and ¼ zips sweatshirts.</p> <p>Collared uniform shirt must be worn underneath and visible.</p> <p>Non Sacred Heart Logos/emoles must be no larger than quarter-sized. Sacred Heart logos no larger than 4"x4".</p> <p>No hoods are permitted.</p>

Gremlin Gear (Optional)	Red White Navy	Collared uniform shirt must be worn underneath and visible. Non Sacred Heart Logos/emblems must be no larger than quarter-sized. Sacred Heart logos no larger than 4"x4". No hoods permitted.
Hair	Neat and combed, natural color, no extreme dying	Girls Only - Headbands must be simple in nature and not have additional attachments such as ears, puffballs, etc.
Jewelry	No color requirements	Girls Only - Earrings are permitted. Watches, Necklaces and bracelets must be simple in nature and not meant to distract. Smart Watches & Ear Buds are not permitted.

***The school reserves the right to make the final decisions about the suitability of the clothes since all styles of clothing cannot be considered in this policy. Students who fail to follow the dress code will receive a uniform notice.***

## Gremlin Gear and Spirit Wear (All Grades)

- Gremlin Gear and Spirit Wear are sold at the Gremlin Student Store.
- Gremlin Gear that may be worn with a student's uniform includes Sweatshirts and ¼ Zip Pullovers with the Sacred Heart logos.
- Spirit Wear may not be worn with a student's uniform. These items may be worn on Spirit Dress Days.
- Navy shirts and pullovers may only be worn by high school (grades 9-12) students during school hours.

## Spirit Dress Day Policy (All Grades)

- Spirit Dress Days will occur on the second and fourth Mondays, unless otherwise noted. On Spirit Dress Days, students may wear school appropriate denim with a Gremlin Gear or a plain t-shirt of the appropriate uniform colors (PK-8: Red/White, 9-12: Red/White/Navy). If the top is not a Gremlin or Sacred Heart top there should be no other writing on it.
- Jeans or uniform bottoms (shorts, during warm weather seasons) may be worn. All jeans and uniform bottoms are to be neat and clean with no rips, holes, or frays. All shorts must be conservative in length. Shorts (boys and girls) or skirts/dresses (girls only) may be no shorter than 5" from the top of the knee.
- Shirts may be untucked.
- A belt is optional unless the pants are too loose fitting to be held up otherwise.
- Students who choose not to participate in Spirit Dress attire are expected to wear their uniform.
- Spirit Dress days are free.

## Paid Dress Down Day Policy (All Grades)

- Paid Dress Days will occur monthly and be posted on the school calendar. On this day students are not required to wear uniforms in return for a free will donation for a specified cause. Parents are to monitor what their child is wearing on that day and take the dress code into consideration when choosing the appropriate clothing for their student to wear.

- Students may wear shirts with print/pictures as long as there is no profanity, sexually suggestive theme, rude or disrespectful theme, or the promotion of the use of alcohol, drugs, or tobacco. Shirts must have a conservative neckline, midribs/shoulders must be covered. Sleeveless shirts or dresses are not permitted.
- All pants & jeans (shorts, during warm weather seasons) are to be neat and clean with no rips, holes, or frays. Leggings, yoga pants, or tight athletic pants are not permitted. All shorts must be conservative in length. Shorts (boys and girls) or skirts/dresses (girls only) may be no shorter than 5" from the top of the knee.
- Regulations for footwear remain the same as on regular dress code days.
- Students who choose not to participate in the Paid Dress Down Day are expected to wear their uniform.

## Dress Code Stipulations for Warm Weather Seasons (All Grades)

- The warm weather season is defined as the beginning of school until November 1st and beginning again on March 1st.
- Uniform shorts in colors khaki or navy may be worn during this time period.
- All shorts must be conservative in length. Shorts (boys and girls) or skirts (girls only) may be no shorter than 5" from the top of the knee. Skirt length will be checked in the office by a female staff member.
- All regulations concerning shirts will remain in effect during these periods.
- Closed toed/Closed Heeled shoes are required during warm weather seasons.

## Dress Code Consequences

All students (K-12) who are in violation of the dress code will be sent to the office to have the violation corrected in the quickest way possible. This will be done by either a parent phone call to bring the approved items needed, or by a visit to the school store. All items taken from the Gremlin Student Store will be charged to the student's account.

Students in grades 6 – 12 not in compliance with the dress code will be fined \$4.00 for each violation. Following the first two offenses within a quarter, students will receive a detention in addition to the \$4.00 fine. Following the fifth dress code violation a parent meeting will be scheduled with administration and the faculty advisory council.