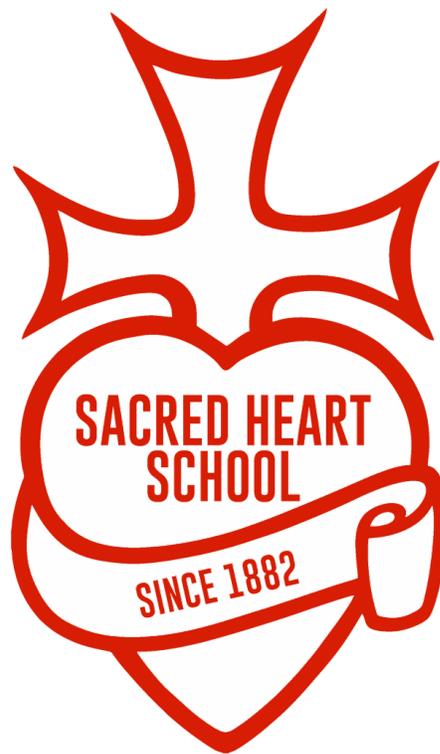


School Reopening Plan



2021-2022

As Sacred Heart School plans for re-entry this fall, the main consideration is providing educational excellence for all our students and staff in a safe and healthy environment. This pandemic has caused us to consider new ways to educate our students while still providing authentic educational experiences. Sacred Heart School will safely reopen schools and activities for the 2021-2022 academic year aligned with our Diocesan Goals and Beliefs. Classes will begin on August 25th. The action level that we begin will depend on the recommendations from the Pettis County Health Department and Diocese of Jefferson City at that time.

The plan is extensive and was developed with feedback from our parents, students, community, staff members, the U.S. and Missouri Departments of Elementary and Secondary Education, Pettis County Health Department, Kaysinger Conference Administrators, Diocese of Jefferson City, Missouri Department of Health and Senior Services, American Association of Pediatrics, CDC, and multiple school leaders across the state. We have a strong desire to move forward with, and remain in in-person learning for all students and staff for as long as possible. This plan will be reviewed monthly at school advisory council meetings and revised accordingly with the input of Sacred Heart School stakeholders.

Although substantial planning and collaboration have taken place to develop this plan, Sacred Heart School is prepared to make modifications and adjustments to accommodate any changes necessary to meet the constant changes due to COVID-19. Detailed information regarding our different educational plans and procedures are available in this document. Additional information will be communicated throughout the academic year. We appreciate your understanding and patience as we are dedicated to providing excellent educational experiences during these challenging times.

Sacred Heart School Commitments

- The ***health and safety*** of our students, staff, families, and community is our top priority.
- Every decision made will take into consideration the latest guidance and direction from local, state, and federal authorities on ***operational considerations*** during the school day.
- Sacred Heart School will provide the ***highest quality instruction*** to all students regardless of the circumstances.
- Sacred Heart School will support the well-being of ***each student*** and ***every program***.

Sacred Heart Administration will work to monitor information and data from health authorities, data from internal school operations, and state and local officials in order to determine actions at school facilities in response to community spread of COVID-19.

Student Health Protocols

- All students (or parents of younger students) should do a daily self-evaluation prior to coming to school or boarding school transportation.
- All students will be instructed on methods to protect themselves and others from COVID-19 at school.
- All students should practice appropriate hand hygiene and respiratory etiquette.
- All students should regularly wash their hands when reporting to school and after using the restroom.
- All students will be trained on proper handwashing techniques and have access to frequent hand-washing throughout the day.
- Sacred Heart School will attempt to provide students in grades Kindergarten through 12th grade with face coverings (masks) if they become a requirement.

Employee Health Protocols

- All Sacred Heart School employees will be expected to complete self-screening daily.
- All employees shall know, understand, and practice methods to protect themselves and others from COVID-19 at work.
- All employees must practice appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette.
- All employees shall regularly wash their hands when reporting to work and after using the restroom.
- Employees will not be required to wear masks during minimal transmission levels. At this time masks are optional for all staff.

COVID-19 Symptoms

In evaluating whether an individual has symptoms consistent with COVID-19, Sacred Heart School will consider the following questions:

Has the individual recently begun experiencing any of the following in a way that is not normal for them?

- Feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit
- Loss of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- Headache
- Chills
- Sore throat
- Shaking or exaggerated shivering
- Significant muscle pain or ache
- Diarrhea

Close Contact

This section refers to “close contact” with an individual who is lab-confirmed to have COVID-19, as defined by the Missouri Department of Health & Senior Services and the Pettis County Health Department.

Individuals are presumed infectious at least two days prior to symptom onset or, in the case of asymptomatic individuals who are lab-confirmed with COVID-19, two days prior to the confirming lab test.

The screening will occur regularly for staff and students who have been identified as being in close contact with a lab-confirmed case. An individual presenting symptoms will be isolated, evaluated, and sent home.

We will continue to follow guidelines from the Pettis County Health Department and the CDC regarding contact tracing and quarantine procedures if a positive case were to occur within our students or staff, and/or we receive notification that one of our students or staff members were exposed to a positive case outside of the school environment.

Those who are determined to be in close contact with an individual who tests positive for COVID-19 will follow a quarantine period of 10 days from the positive exposure, and may return to school/work after the 10th day as long as no related symptoms are observable. The individual may return to school/work after 7 days, if they receive a negative test result following 5 days of exposure.

Vaccinations

We will work with our community health department to provide the opportunity along with the appropriate leave and excused absence to pursue the Covid-19 vaccine. Students and staff members who have been vaccinated are not required to quarantine, unless they present with symptoms.

Individual Presents Symptoms At School/Work

When a student has displayed symptoms of COVID-19, an assessment will be administered to determine if and when a student needs to be sent home. A student who reports feeling feverish will have their temperature taken.

Students who are ill will be separated from their peers and should be picked up no later than 1 hour from the time the administration contacted the student’s parent/guardian.

Staff members displaying COVID-19 symptoms will follow Sacred Heart School protocols including isolation from students and other staff members.

Consistent with school notification requirements for other communicable diseases, and

consistent with legal confidentiality requirements, administration will notify all teachers, staff, and families of all students in the school building if a lab-confirmed COVID-19 case is identified among students, teachers or staff. While there are shared spaces within the school, case by case decisions will be made regarding the level of impact on students and staff in order to maintain a safe and healthy learning environment.

Staff and parents of an ill student may request for a rapid test to be given in the health office.

Individuals returning to school/work after Positive Report

Any individuals who themselves either:

- are lab-confirmed to have COVID-19; or
- experience the symptoms of COVID-19 (listed above)

Must stay at home throughout the infection period, and cannot return to school until the school system screens the individual to determine any of the below conditions for school re-entry have been met:

In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:

- at least two days (48 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
- the individual has improvement in symptoms (e.g., cough, shortness of breath); and
- at least 10 days have passed since symptoms first appeared.

In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to school until the individual has completed the same three-step set of criteria listed above.

In the case of a lab-confirmed test or an individual experiencing the symptoms of COVID-19 (listed above), the parent/guardian or staff member must report this information to the appropriate administrative office in order to complete appropriate communication with others who may have been exposed.

If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either:

- obtain a medical professional's note clearing the individual for return based on an alternative diagnosis, or
- receive two separate confirmations at least 24 hours apart that they are free of COVID via acute infection tests at an approved COVID-19 testing location

Protocols for Face Coverings (Masks)

The use of face coverings will reflect the rate of community transmission of COVID-19 and the health recommendations associated with each level. Sacred Heart School will rely on guidance from the Department of Health Services and Senior Services (DHSS), Pettis County Health Department, the Diocese of Jefferson City and/or executive orders or directives from Governor Mike Parson or local city officials to determine the community transmission level and use of face coverings. Sacred Heart School will utilize an alert system to inform students, parents, and staff of the community transmission level and when face coverings (masks) must be worn.

Sacred Heart will not be held responsible for enforcing students and staff to wear face coverings when in a “face coverings optional” level.

Transmission Levels**SACRED HEART SCHOOL
COVID-19 ACTION LEVELS**

Level 1 Minimal Transmission	Level 2 Moderate Transmission	Level 3 Significant Transmission	Level 4 Substantial Transmission
<p>Staff and students self-screen daily for COVID-19 symptoms prior to arrival.</p> <p>Face coverings are optional and social distancing is followed.</p> <p>Teach and reinforce health hygiene.</p> <p>Increased opportunities for hand hygiene</p> <p>Water fountains closed with bottle filling stations available.</p> <p>Maintain frequent cleaning and disinfection of commonly touched surfaces and areas.</p> <p>Communicate with parents to keep sick students at home.</p> <p>Extracurricular activities permitted.</p> <p>Outside visitors and guests are welcome.</p> <p>Continue to monitor attendance and communicate with local health authorities.</p>	<p>Intensify cleaning and disinfection of commonly touched surfaces and areas.</p> <p>Face coverings strongly encouraged for staff and students at school and required if using school transportation services.</p> <p>Consider alternative methods of movement within the building, decreased group activities, and assigned seating/placement.</p>	<p>Face coverings necessary when moving around and/or not socially distanced.</p> <p>Masks may be removed if individuals are sitting at least 3 feet from each other and when eating.</p> <p>Consider limiting/postponing all non-critical gatherings and events.</p> <p>Implement multiple social distancing strategies for gatherings, classrooms, and movement through the building.</p> <p>Consider closing classrooms and/or areas of the building where there are high concentrations of reported COVID-19 symptoms or known lab-confirmed cases.</p> <p>Other barriers will be used as necessary.</p> <p>Consider limiting visitors and guests.</p>	<p>Face coverings necessary at all times.</p> <p>Postpone/cancel all in-person school events as necessary.</p> <p>Consider conducting education via distance learning.</p> <p>Visitor restrictions in place.</p>

Determining Levels

The appropriate level will be determined based on Sacred Heart School data (with county wide data taken into consideration). Overall percentage of students and staff absent due to COVID related reasons will also be taken into consideration, when determining the appropriate level to return to school.

Please be mindful that students and staff are at risk to quarantine if he/she is not masked and is in close contact with an individual who tests positive for COVID-19.

Close contact is defined as someone who is within 3 feet of the infected person for more than 15 cumulative minutes within a 24 hour period.

Morning Arrival

- Students can still enter the school at 7:30am and morning arrival locations will remain the same.
- All students will report to their classroom (or designated spot) upon arrival.
- If transmission levels remain at a safe level, the school cafe will be open in the mornings for students wanting to purchase items.
 - Students will be expected to eat these items prior to going to their first hour class.
- The school day officially begins at 7:50am.

Afternoon Dismissal

- Afternoon dismissal will begin at 3:05 and take place as normal.

Meal Service

- All cafeteria staff will follow the same guidelines as other school personnel while performing job responsibilities and are trained to practice health and hygiene regulations.
- Visitors will not be allowed during lunchtime.
- Cafeterias will be disinfected regularly, and tables will be disinfected between lunch shifts.
- Students will be expected to use hand sanitizer or wash hands before entering the cafeteria serving area.
- Students will be seated with one open seat in between them during lunch times.

Transportation

As a response to COVID-19, Sacred Heart School encourages all families, with the ability to do so, to transport children to and from school. Bus transportation will be offered; however, the standard number of transported students compromises the ability to socially distance. For this reason, students utilizing bus transportation will be required to utilize face coverings.

- Students (or parents of younger students) will conduct self-assessment to determine symptoms of COVID-19 prior to riding a school bus.
- Bus seating will be assigned.
- All students will use hand sanitizer upon boarding the bus.
- All bus drivers will wear a face covering.
- All students (age-appropriate) will need to use non-medical grade face masks, covering nose and mouth while using school transportation.
- Each transportation vehicle will be sanitized between routes.
- Transportation staff will be trained in proper sanitation procedures.
- All Sacred Heart School vehicles will be equipped with sanitation and cleaning supplies.

School Organization/Procedures

It is our promise to maintain a warm and inviting learning environment in our classrooms while simultaneously following health guidelines.

Staff and Student Training:

- Pre-Return to School Training - Staff expectations and protocols shared with staff prior to the start of the year to ensure understanding and preparedness to align with this plan.
- Student Training/Orientation - At the beginning of the school year, Sacred Heart School will provide instruction to students on appropriate hygiene practices.
- Cleaning Protocols - Custodial and maintenance personnel are trained in comprehensive cleaning and disinfection methods.

It is very important that all employees understand the safety requirements, protocols, and expectations to ensure everyone stays safe and prevents the spread of the virus. We will structure the training plan to effectively disseminate information to all teams and audiences.

In the classroom setting

- Sacred Heart School will adhere to any Federal, State, or County executive orders which may require face coverings at all times.
- Sacred Heart School may limit shared materials and transitions throughout the building when transmission levels are above minimal.

Health and Hygiene Practices

- Hand sanitizer will be at the entrances of each facility and classroom.
- Students and staff will be instructed in proper handwashing techniques.
- Students and staff will be trained in proper health hygiene and disease transmission prevention measures.
- Signage for proper hygiene practices will be posted throughout the buildings, in the restrooms, and at the entrances.

- Building systems will be adjusted to allow as much fresh air circulation as possible.

School Cleaning Plan

- Classrooms will be equipped for cleaning between changing student groups.
- Each classroom and common area will be supplied with sanitation supplies to maximize cleanliness from space to space.
- Cleaning products will be properly stored when not in use.
- Deep cleaning will occur each day after school hours.
- Each classroom and restroom will be cleaned/disinfected at the end of each day.
- Staff will have access to supplies to clean/disinfect working surfaces and shared objects after each use and during breaks in instruction.
- Alcohol-based hand sanitizing will be located throughout the building in common areas as well as in each classroom.

Elementary Recess

While in the Minimal Transmission (Green) level some of the elementary classes will have recess at the same time. If we are to transition to a Significant Transmission level (Orange) recess times may be separated by each individual class.

Extra-Curricular/Non-Academic Activities

- Hand sanitizer and sanitation supplies will be available in gym areas and equipment will be sanitized on a regular basis.
- Athletics and Extracurricular Activities will be conducted in alignment with MSHSAA guidelines.
- Locker rooms and weight rooms will be sanitized after each class.
- Bus travel will follow the transportation guidelines provided within this plan.
- The use of face coverings (masks) should be implemented as feasible and as outlined above.
- Spectator attendance at games and contests may be limited and notification will be made based on current health department guidelines.
- Spectator seats may be marked and/or configured in a way to enforce social distancing.
- All students participating in practices or events not following a regular school day will be checked for symptoms of COVID-19 before attending or participating in any team event.
- All spectators will be asked to self-assess for symptoms of COVID-19 prior to entering the event.
- Equipment will be sanitized before and after practices and contests.

Visitors/Deliveries/Miscellaneous

- To limit exposure, informal school visits may be restricted.
 - Essential meetings will be done by appointment or through a virtual format.
 - Cleaning/disinfecting will occur after each meeting.
- All visitors entering the building must check in at the office.
- The use of field trips to enhance the educational experience must be approved by administration and will comply with the guidelines included within this plan.
- Celebrations in the classroom involving snacks or food are limited to snacks/treats provided by the school cafeteria/kitchen unless approved by administration.
 - While remaining in the green level students are allowed to bring in teacher approved treats.
 - This policy is subject to change based on current transmission levels.

Face-to-Face Instruction

Students in Sacred Heart School will have the opportunity to attend school and receive instruction via face-to-face, in-person format for the 2021-2022 school year. This scenario will include an instructional platform that involves in-person instruction as well as the use of student Chromebooks and Google Classroom (school-wide) for specific instructional areas. This will ensure that students are familiar with the virtual platform in the event that we have to quickly switch to an all-virtual setting.

Several ***operational considerations*** (detailed above) have been identified to prevent and mitigate the viral spread inside the school setting during face-to-face instruction.

Social/Emotional Needs

Along with the implementation of several health and safety protocols to address student and employee needs, Sacred Heart School will also address the social and emotional needs of students and staff.

Plans include:

- Provide leveled professional learning opportunities on social/emotional learning (SEL) and trauma-informed classrooms.
- Provide leveled in-class instructional opportunities on social/emotional learning, following specific SEL competencies (Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making).
- Adjust curriculum to support digital and social milestones.
- Develop/implement mental health supports for students and employees.

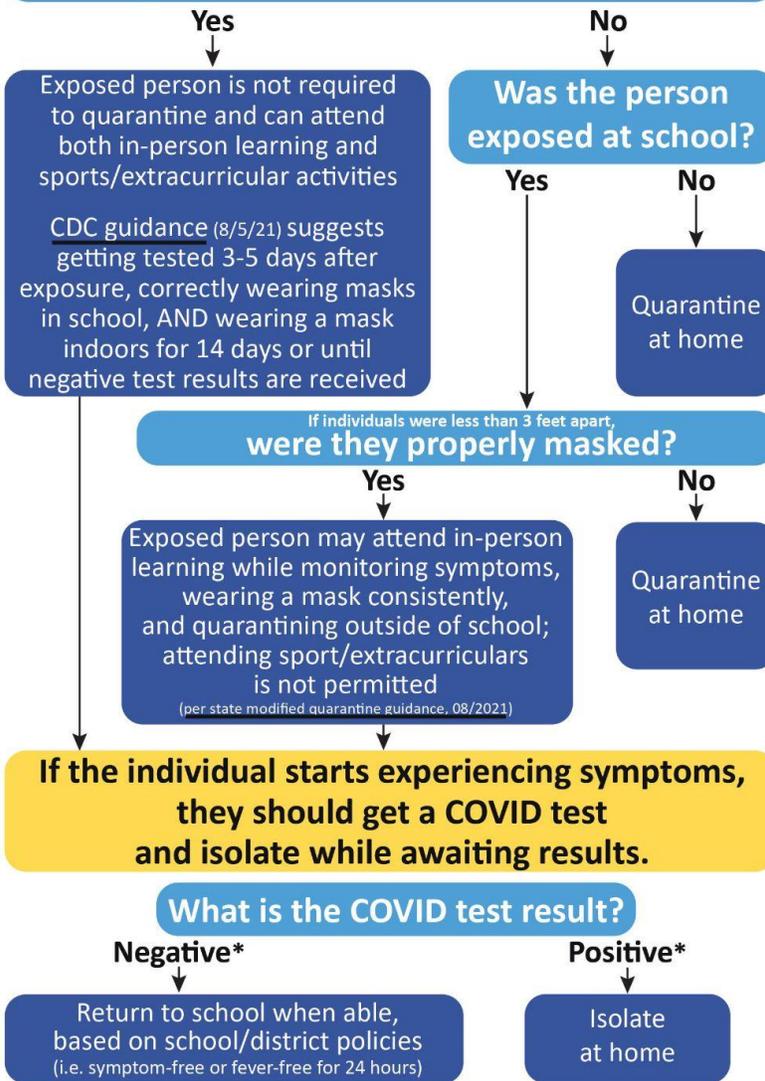
Again, we hope this information answers your questions. We sincerely appreciate the patience and grace you have extended us as we work through these unprecedented times.



Updated 08/16/21

When to Quarantine After Exposure to a Case of COVID-19 (K-12 Schools)

Is the exposed student/staff member vaccinated?



COVID-19 Exposure

Exposure is defined as being within 6 feet of a person diagnosed with COVID-19 for a cumulative total of 15 minutes or more throughout a 24-hour period starting from two days before illness onset (or, for asymptomatic patients, two days prior to test specimen collection) until the infected individual meets criteria for discontinuing home isolation. Per revised guidance, individuals who were within 3–6 feet of a person diagnosed COVID-19 in a K–12 indoor setting are not considered close contacts if both the infected individual and the exposed individual correctly and consistently wore well-fitting masks the entire time.

Quarantine

The practice of separating individuals who have had close contact with someone diagnosed with COVID-19 to determine whether they develop symptoms or test positive for the disease. The CDC recommends staying home for 14 days after last exposure. Vaccinated individuals and those who have recovered from COVID-19 within three months do not need to quarantine while asymptomatic.

Isolation

The practice of separating individuals diagnosed with COVID-19 from others who are not sick to prevent further exposures and/or the spread of the disease. The CDC states isolation can end 10 days after symptom onset and 24 hours after being fever-free with no fever-reducing medications. Other COVID-19 symptoms should also be improving.

Schools should work with local public health officials in executing these steps locally.

dese.mo.gov/covid19

*There will be situations where additional recommendations, testing, and control measures are needed. At-home tests will not be accepted for decisions on isolation and quarantine recommendations.

