

Sacred Heart Gremlins

Suggested Daily Schedule (1-5)

Created by the Elementary Faculty at Sacred Heart School



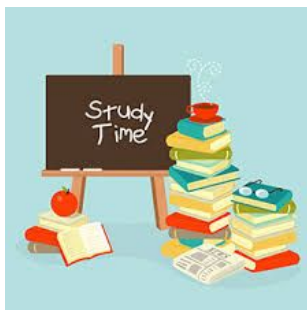
7:30 - 8:45 Wake Up, Enjoy a Healthy Breakfast, Get Ready for an Amazing Day



8:45 - 10:00 Academic Time (Zoom With Your Teachers)



10:00 - 10:30 Break Time: Enjoy the Great Outdoors



10:30 - 11:30 Academic Time



11:30 - 12:15 Lunch (Don't Forget Your Fruits and Vegetables)



12:15 - 1:15 Academic Time



1:15 - 1:45 Specials (Music, PE, Art)



1:45 - 2:45 Academic Time



2:45 - 3:00 Snack Time



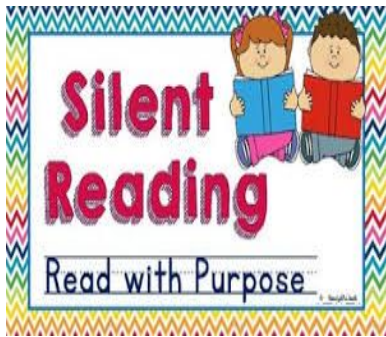
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3:00 - 5:00 Play Time!



5:00 - 5:45

Get Ready for Dinner



6:00 - 6:30

Silent Reading



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6:30 - 7:30

Family Time! (Board Games and Movies)