

SACRED HEART SCHOOL - OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Rib Patty Pickle Spears Canned Carrots Fruit and Milk	3 Pepperoni Pizza Mixed Vegetables Fruit and Milk	4 Beef Tacos Pinto Beans Mexican Rice Fruit and Milk National Taco Day	5 Pancake Sausage on a Stick/Syrup Egg Patty Hashbrown/Fresh Veggies Fruit and Milk	6 Chicken Bacon Ranch Broccoli Garlic Stick Fruit and Milk
9 Cheeseburger on Bun BBQ Baked Beans Fruit and Milk	10 Chicken Fried Steak Mashed Potatoes White Gravy Fruit and Milk	11 Corn Dog or Burrito Cheese Sauce Broccoli Fruit and Milk	12 BBQ Pulled Pork on Bun Cole Slaw Chips Fruit and Milk National Pulled Pork Day	13 EARLY OUT Cheesy Pull Apart Salsa Canned Carrots Fruit and Milk
16 Chicken and Dumplings Canned Carrots Garlic Stick Fruit and Milk	17 Biscuits and Gravy Sausage Patty Egg Patty Hashbrown/Fresh Veggies Fruit and Milk	18 Chili Fresh Veggies Cornbread Fruit and Milk	19 Chicken Nuggets Mac and Cheese Broccoli Fruit and Milk	20 Hot Ham and Cheese Peas Chips and Milk
23 Baked Potato Bar Broccoli Sliced Bread Fruit and Milk	24 Chicken Patty on Bun Green Beans Fruit and Milk	25 Open Faced Turkey Sandwich Mashed Potatoes Peas Fruit and Milk	26 NO SCHOOL	27 NO SCHOOL
30 General Tso's Chicken White Rice Broccoli Fruit and Milk	31 "Ghoul"ash Cauliflower Bosco Stick Fruit and Milk			